

ACCOLADES

TOP 10 BEST FOR WEIGHT LOSS

SpaFinder Readers' Choice Awards – 2011, 2010, 2009, 2008, 2007

TOP 10 BEST FOR MEN

SpaFinder Readers' Choice Awards – 2011, 2009, 2008

TOP 10 BEST FOR GOING SOLO

SpaFinder Readers' Choice Awards – 2011, 2010

TOP 10 BEST FOR WATER SPORTS

Spa Finder Readers' Choice Awards – 2011, 2010

TOP 10 BEST FOR PILATES

SpaFinder Readers' Choice Awards – 2011

TOP 10 FAVORITE SPA PROFESSIONAL – BOB WRIGHT, DIRECTOR OF EDUCATION

SpaFinder Readers' Choice Awards – 2011

TOP 10 BEST FOR AFFORDABILITY

SpaFinder Readers' Choice Awards – 2010

FAVORITE AFFORDABLE SPA

SPA Magazine Silver Sage Readers' Choice Awards – 2009, 2008, 2007

AMERICA'S HEALTHIEST SPAS: GREAT WEIGHT-LOSS SPAS

Health Magazine – June 2008

FEATURED IN "8 VACATIONS TO TAKE AND LOSE WEIGHT"

MSN Travel – January 2008

TOP 5 U.S. HEALTH SPAS

Women's Health Magazine and *The TODAY Show* – 2007

TOP 27 ALL-STAR SPAS AWARD

Women's Health Magazine – 2007

TOP 15 DESTINATION SPAS WORLD'S BEST AWARDS

Travel + Leisure, 2006 (No. 11 in the world; No. 7 in U.S.)

TOP TEN DESTINATION SPA

Travel + Leisure, 2005 (No. 4 in U.S. & Canada)

Travel + Leisure, 2004 (No. 7 in U.S. & Canada)

TOP TEN DESTINATION SPA ANNUAL READERS' CHOICE POLL

Conde Nast Traveler, 2001, 1999, 1998



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“BEST PLACES TO STAY IN THE WORLD” ANNUAL READERS’ CHOICE POLL

Conde Nast Gold List –2000, 1998, 1997

ONE OF THE “TEN GREAT PLACES TO PEEL OFF POUNDS”

USA Today, April 1999

TOP THREE STRUCTURED LIFESTYLE PROGRAMS

Shape Magazine – January 1998

TOP SIX SPECIFIC LIFESTYLE CHANGE PROGRAM

Fortune Magazine – November 1997

ALSO FEATURED IN:

- *A&E’s weight loss docudrama, HEAVY*
- *Health Magazine*
- *Healing Lifestyles & Spas*
- *Elle Magazine*
- *Fitness Magazine*
- *USA Today*
- *US News Travel*
- *New York Times*
- *The Boston Globe*
- *Joan Lunden’s Healthy Living*
- *Cooking Light Magazine*
- *Good Housekeeping Magazine*
- *Zagat’s*
- *Traveler’s Vacation Guide*
- *Longevity*
- *Consumer Reports*
- *Bottom Line Health*
- *Vacations That Can Change Your Life* by Ellen Lederman
- *The Complete Idiot’s Guide to Girlfriend Getaways* by Lisa Kasanicky