



H3I FUDGY BROWNIE

INGREDIENTS:

3/4 cup	Flour
1/3 cup	Cocoa powder, unsweetened
1/2 tsp.	Baking powder
1/4 tsp.	Salt
1/4 cup	Semi-sweet mini baking morsels
2 T.	Butter, unsalted
2 T.	Cottage cheese, 1%, pureed
1 cup	Sugar
1 T.	Lite chocolate syrup (Hershey's)
2 tsp.	Pure vanilla extract
1 each	Egg

PREPARATION:

- Preheat oven to 350°F.
- In medium bowl, combine flour, salt, sugar, baking powder and cocoa powder.
- In sauce pan, melt butter, then add chocolate syrup.
- In separate bowl, mix egg, vanilla, pureed cottage cheese and butter mix.
- Mix the wet ingredients into the dry. Mix will be very stiff.
- Then place mix in bottom of lightly greased pan.
- Top brownie mix with chocolate chip morsels.
- Bake for about 15-20 minutes or just until the brownie slightly puffs up and an inserted toothpick comes out sticky.

Number of Servings:	16
Serving Size:	1/16th
Calories:	90
Fat Grams:	2.5