

## 1000 ISLAND DRESSING

### INGREDIENTS:

<b>1/3 cup</b>	Tomato paste	<b>1 teaspoon</b>	Horseradish
<b>1/2 cup</b>	Hellman's Mayonnaise, reduced fat	<b>1/2 cup</b>	Skim Milk
<b>1/3 cup</b>	Relish	<b>1/2 cup</b>	Olive oil

### METHOD:

- Place all ingredients in a bowl and stir to combine.
- Store in an airtight container in the refrigerator.

**Serves:** 24

**Serving Size:** 1/2 ounce (1 tablespoon)

**Calories:** 15

**Fat:** 0 grams

**Carbohydrates:** 3 grams

**Sodium:** 90 milligrams

