

SWEET AND SPICY SAUCE

INGREDIENTS:

4 each	Orange Marmalade
2 tbsps	Sweet Chili Sauce
1 tbsp	Water
½ tsp	Red pepper flakes (<i>to make spicier</i>)

METHOD:

- Preheat pot.
- Mix all ingredients together until sauce is well mixed and warm.
- Serve with Panko Shrimp or any other protein and enjoy!.

Serves: 7

Serving Size: 2 tablespoons

Calories: 30

Fat: 0 grams

Sodium: 15 milligrams

Fiber: 0 grams

Carbohydrate: 7 grams

Protein: 0 grams

