PINEAPPLE SALSA

INGREDIENTS:

1 cup	Golden pineapple, cored and cubed
½ cup	Frozen corn, thawed
1 each	Green bell pepper, chopped
1 each	Jalapeno, seeded, sliced
¼ cup	Red onion, chopped
¾ cup	Roma tomato, chopped
¼ cup	Red onion, chopped
¼ cup	Cilantro, chopped
⅛ tsp.	Cumin
¼ tsp.	Salt

METHOD:

- In a medium bowl mix together the pineapple, corn, peppers, onion, tomato, and cilantro.
- Season with cumin and salt.
- Cover and refrigerate.

Serves: 10
Serving Size: ¼ cup
Calories: 20
Fat: 0 gm.